**💬 Activity 2: Affirmation Generator – Digital Creator**

**🎯 Activity Introduction (Voice-Over)**

"Words create powerful thoughts. In this activity, you will design positive affirmations that build self-esteem. By repeating them, you can rewire negative thinking into self-belief."

**🛠️ Developer Guide Instructions**

* Create a **fill-in-the-blank creator**: *"I am \_\_\_\_\_\_ because I \_\_\_\_\_\_."*
* Provide **three text boxes** for learners to write affirmations.
* Allow learners to **save and print** their entries privately.
* If a learner leaves any field empty, display a facilitative feedback message.

**📱 Learner Instructions (On Screen)**

Write three affirmations about yourself in the spaces provided. Save them for daily use and repeat them aloud often.

**💡 Hints (On Screen)**

* "Start with ‘I am…’ followed by a positive quality."
* "Link it to something you do or believe in."
* "Think of strengths, abilities, or values that matter to you."

**🧱 Activity Content**

**Examples for learners:**

* "I am capable because I keep trying."
* "I am strong because I learn from challenges."
* "I am valuable because I respect myself and others."

**💬 Facilitative Feedback for Learners**

* If all fields are completed:  
  *"Great work! Your affirmations are clear and empowering. Keep repeating them daily to strengthen your self-belief."*
* If any field is incomplete (no text entered):  
  *"Take another look. Try to complete each box with even a short sentence. Every affirmation you write is a step towards stronger self-esteem."*

**🔚 Activity Conclusion (Voice-Over)**

"You now have affirmations that will shape your thoughts with confidence. Speak them often until they become your truth."